"Very informative. It really made me think."

– Feedback from event attendee

For booking, training or any more information contact:

Billy Kriaris | Consumer Voice Coordinator b.kriaris@rasa.org.au or 0427 010 099

"Life can be different..."



### Relationships Australia South Australia Locations

 Central (Adelaide)
 North East – St Agnes

 151 South Terrace
 Ardtornish Children's Centre

 Adelaide SA 5000
 2 Roder Ct,

 T: (08) 8223 4566
 St Agnes SA 5097

 F: (08) 8232 2898
 T: 08 8250 6600

Outer West (Port Adelaide) South (Marion)
Ground Floor, Suite 500a
8 Butler Street Westfield Marion Shopping Centre

Port Adelaide SA 5015 297 Diagonal Road
T: (08) 8340 2022 Oaklands Park SA 5046
F: (08) 8232 2898 T: (08) 8377 5400
F: (08) 8232 2898

West (Hindmarsh)
49a Orsmond Street,
Hindmarsh SA 5007
7: (08) 8245 8100
F: (08) 8346 7333
F: (08) 8582 4122
F: (08) 8582 4152

North (Elizabeth)

13 Elizabeth Way

Port Augusta

Elizabeth SA 5112 54 Commercial Road T: (08) 8255 3323 Port Augusta SA 5700 F: (08) 8232 2898 T: 1800 310 310

North (Salisbury)

Shop 7

Salisbury Cinema Complex

Cnr James and Gawler Streets

Mount Gambier

10 Eleanor Street,

Mount Gambier SA 5290

T: 1800 310 310

Salisbury SA 5108 T: (08) 8250 6600 F: (08) 8285 4494

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www.rasa.org.au

1300 364 277

1800 182 325 (country callers)



# **Consumer Voice Program**

Lived Experience in Gambling Program Consumer Voice and Peer Support



#### What is the Consumer Voice Program?

The Consumer Voice Program of Relationships Australia SA (RASA) is a free service provided by volunteers who share their experiences of overcoming gambling harm. For over a decade, the program has encouraged change through the transformative quality of connecting with stories.

Consumer Voice plays a vital role in increasing community awareness and assisting individuals to engage with pathways that promote recovery. The presentations offer the opportunity to bear witness to the rollercoaster in and out of gambling harm. They challenge stigma, spread the word about seeking support, and offer hope. The Consumer Voice Program aims to be a proactive part of the solution to a growing public health crisis.

Change is possible. As one Consumer Voice speaker states: "Life can be different..."

#### How do I join the Consumer Voice program?

Have you experienced harm from gambling?

Share your story!

If you or a family member has been affected by harm from gambling, consider developing and sharing your story through the Consumer Voice Program at RASA.

#### **Stories in Action**

Watch stories and read feedback from current and former participants or attendees at *Share Your Story* showcases. Visit: www.rasa.org.au/CV

## Lived Experience story development and training

The Consumer Voice Program offers professional training to support the development of lived experience stories about overcoming gambling harm, with a particular emphasis on individual recovery. A peer work facilitator, with lived experience of recovery from gambling harm, supports this training and participants. It includes narrative and art therapy approaches to sharing your story.

"I cannot put into words how much this training has enhanced my journey of recovery. It has been a wonderful experience working through how to write My Story." – Consumer Voice training participant.

The Consumer Voice training is available to those who have overcome gambling harm, as well as those who have suffered the harmful impacts of gambling through a significant other. There is no requirement to become a Consumer Voice speaker. The training can just be for social connection and personal development.

#### The Lived Experience stories

The Consumer Voice speakers come from many different backgrounds and their stories cover a vast number of situations and contexts. They are real, captivating, devastating, empowering and very moving.

The duration of the presentation is between 5 and 10 minutes and can be tailored to fit with any event program.

Quality Consumer Voice presentations are available free to the community, corporate businesses and the gambling industry. Consumer Voice presentations are available in-person or online.

